

# ENGLISH SYLLABUS & TEACHING PATTERN

**Texts: SAPLINGS Pre-School Alphabet Series**

- 1. My Phonics World**
- 2. Right Way to Write Lower Case**
- 3. Right Way to Write Cursive Lower Case**

## TERM - I

| Topic                                       | Reading Skills                                                  | Listening Skills                                        | Speaking Skills                                              | Writing Skills                                                       | Activity                    |
|---------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------------|--------------------------------------------------------------|----------------------------------------------------------------------|-----------------------------|
| Lowercase a to z                            | Pronunciation of letters with phonic sound.                     | Students will listen and have clarity of phonic sounds. | Emphasis on correct pronunciation with the help of ABC song. | Recognizing and writing alphabet (more focus on curves and strokes). | Drawing and colouring.      |
| Missing letters and match the letters       | Understanding and reading the letters.                          | Understanding the concept of missing letters.           | Recognition of letters.                                      | Matching letters with pictures.                                      | Missing letters worksheets. |
| What comes after                            | Understanding of after in alphabetical order.                   | Identification of letter sequencing through practice.   | Encouraging verbal communication.                            | Correct formation of letters.                                        | Class group activity.       |
| What comes between                          | Understanding alphabetical order.                               | Students will listen and understand the concept.        | Reading letters with phonic sound.                           | Enhancing letter sequencing.                                         | Class group activity.       |
| Circle the odd letter                       | Read letters with correct phonic sound and identify the letter. | Refine listening by circling the odd letter.            | Verbally identify the odd letter in a sequence.              | Correct formation of letters.                                        | Board game activity         |
| See the picture and write the first letter. | Identify the letter with the correct picture.                   | Students will actively listen to the teacher.           | Speaking the first letter correctly.                         | Recognition of picture and writing the correct letter.               | Flash Card Activity         |
| Match the letters to the pictures           | Identify the letter with the correct picture                    | Students will actively listen to the teacher.           | Matching the first letter with the picture correctly.        | Matching the picture with the correct letter                         | Flash Card Activity         |

## TERM – II

|                                             |                                                         |                                                       |                                                                 |                                                        |                         |
|---------------------------------------------|---------------------------------------------------------|-------------------------------------------------------|-----------------------------------------------------------------|--------------------------------------------------------|-------------------------|
| Cursive a to z                              | Pronunciation of letters with phonic sounds.            | Improves recognition and listening skills.            | Emphasis on correct pronunciation of letters with phonic sound. | Focus on Strokes and curves.                           | Class group activity.   |
| Vowels                                      | Students will be introduced with the concept of vowels. | Students will listen and understand the concept.      | Students will focus on correct phonic sound.                    | Writing vowels in cursive.                             | Colouring worksheet     |
| Missing letters                             | Understanding and reading the letters.                  | Understanding the concept of missing letters.         | Recognition of letters.                                         | Enhancing the skill of filling missing letters.        | Hand written worksheets |
| Circle the odd letter                       | Analyze and differentiate letter.                       | Refine listening by circling the odd letter.          | Improving pronunciation and phonetic awareness.                 | Correct formation of letters.                          | Board game activity     |
| What comes before and after                 | Understanding alphabetical order.                       | Identification of letter sequencing through practice. | Encouraging verbal communication.                               | Correct formation of letters.                          | Hand written worksheets |
| What comes between                          | Understanding alphabetical order.                       | Students will listen and understand the concept.      | Reading letters with phonics.                                   | Enhancing letter sequencing.                           | Board game activity     |
| See the picture and write the first letter. | Identify the letter with the correct picture.           | Students will actively listen to the teacher.         | Speaking the first letter correctly.                            | Recognition of picture and writing the correct letter. | Flash Card Activity     |

**HINDI**  
**SYLLABUS & TEACHING PATTERN**

Texts: Saplings – Pre - School Hindi Series

**अक्षर वंदना**  
**अक्षर लेखन विधि**

**TERM – I**

| विषय                        | पठन कौशल                                 | श्रवण कौशल                          | मौखिक कौशल                        | लिखित कौशल                                 |
|-----------------------------|------------------------------------------|-------------------------------------|-----------------------------------|--------------------------------------------|
| अ से अः तक                  | छात्रों द्वारा स्वर के उच्चारण की दोहराई | ध्यानपूर्वक सुनना                   | सस्वर वाचन                        | छात्र स्वर याद करके लिखेंगे                |
| सही मिलान करो               | स्वर सही क्रम में पढ़ें                  | ध्यानपूर्वक सुनना                   | पहचान कर याद करें                 | पहचान कर मिलान करें                        |
| बाद वाला अक्षर लिखो         | अक्षरों के उच्चारण द्वारा                | छात्र ध्यानपूर्वक सुनकर उत्तर देंगे | सही उच्चारण के साथ बोलेंगे        | सोचकर बाद वाले अक्षर को लिखेंगे            |
| चित्र देखकर पहला अक्षर लिखो | चित्र पहचान क्षमता                       | चित्र देखकर अंतर समझेंगे            | चित्र देखकर समझना तथा व्यक्त करना | चित्र देखकर स्वरों को सही क्रम में लिखेंगे |
| सही चित्र पर गोला लगाएं     | चित्र पहचान क्षमता                       | चित्र देखकर अंतर समझेंगे            | चित्र देखकर समझना तथा व्यक्त करना | चित्र देखकर सही स्वरों पर गोला लगाएं       |
| अक्षर को चित्र से मिलाओ     | चित्र पहचान क्षमता                       | चित्र देखकर अंतर समझेंगे            | चित्र देखकर समझना तथा व्यक्त करना | चित्र देखकर स्वरों को सही क्रम को मिलाना   |
| बीच का अक्षर लिखो           | अक्षर की पहचान                           | बच्चों के श्रवण कौशल में विकास      | सही उच्चारण के साथ बोलेंगे        | सोचकर बीच का अक्षर लिखें                   |
| अलग अक्षर पर गोला लगाएं     | अक्षर की पहचान                           | बच्चों के श्रवण कौशल में विकास      | सही उच्चारण के साथ बोलेंगे        | सही अक्षर पर गोला लगाएं                    |

**TERM – II**

|                                     |                                            |                                     |                                   |                                            |
|-------------------------------------|--------------------------------------------|-------------------------------------|-----------------------------------|--------------------------------------------|
| क से ज्ञ तक                         | छात्रों द्वारा व्यंजन के उच्चारण की दोहराई | ध्यानपूर्वक सुनना                   | वर्ण पहचान                        | छात्र व्यंजन याद करके लिखेंगे              |
| सही मिलान करो                       | व्यंजन सही क्रम में पढ़ें                  | ध्यानपूर्वक सुनना                   | पहचान कर याद करें                 | पहचान कर मिलान करें                        |
| बाद वाला और पहले वाला अक्षर लिखो    | अक्षरों के उच्चारण द्वारा                  | छात्र ध्यानपूर्वक सुनकर उत्तर देंगे | सही उच्चारण के साथ बोलेंगे        | सोचकर बाद वाले अक्षर को लिखेंगे            |
| सही अक्षर देखकर चित्र पर गोला लगाएं | अक्षर की पहचान                             | अक्षर देख कर अंतर समझेंगे           | सही उच्चारण के साथ बोलेंगे        | सोचकर सही चित्र पर गोला लगाएं              |
| सही चित्र देखकर अक्षर पर गोला लगाएं | चित्र पहचान क्षमता                         | अक्षर देख कर अंतर समझेंगे           | सही उच्चारण के साथ बोलेंगे        | सोचकर सही अक्षर पर गोला लगाएं              |
| अक्षर को चित्र से मिलाओ             | अक्षर और चित्र की पहचान                    | चित्र देखकर अंतर समझेंगे            | चित्र देखकर समझना तथा व्यक्त करना | चित्र देख कर स्वर का मिलान करना            |
| चित्र देखकर पहला अक्षर लिखो         | अक्षर पहचान क्षमता                         | चित्र देखकर अंतर समझेंगे            | चित्र देखकर समझना तथा व्यक्त करना | चित्र देखकर स्वरों को सही क्रम में लिखेंगे |
| बीच का अक्षर लिखो                   | अक्षर की पहचान                             | बच्चों के श्रवण कौशल में विकास      | सही उच्चारण के साथ बोलेंगे        | सोचकर बीच का अक्षर लिखें                   |
| अलग अक्षर पर गोला लगाएं             | अक्षर की पहचान                             | बच्चों के श्रवण कौशल में विकास      | सही उच्चारण के साथ बोलेंगे        | सही अक्षर पर गोला लगाएं                    |

**NUMBERS (MATHS)**  
**SYLLABUS & TEACHING PATTERN**

**Text: Saplings- Pre-School Number Series**  
**Practice Numbers (1 to 100)**

**TERM – I**

| Topic                               | Oral                                                             | Written                                  | Activity                                   |
|-------------------------------------|------------------------------------------------------------------|------------------------------------------|--------------------------------------------|
| Counting 1 to 60                    | Oral 1 to 60 Recognition and understanding the order of numbers. | Write 1 to 60                            | Write number 1 to 60 in the worksheet.     |
| Shapes                              | Identification of shapes                                         | Draw and Colour shapes                   | Showing objects of different shapes.       |
| What comes after                    | Practice the after numbers 1 to 60                               | Worksheet                                | Flash Card activity and worksheets.        |
| What comes between                  | Practice the between numbers 1 to 60                             | Worksheet                                | Flash Card activity and worksheets.        |
| Missing numbers                     | Recite missing number in a numerical sequence                    | Count and write in sequence              | Worksheets and class group activity.       |
| Circle the odd one out              | Identify the odd one out                                         | Choosing the correct one                 | Worksheets and class group activity.       |
| Count and circle the correct number | Identify the correct number                                      | Choosing the correct number.             | Flash Card activity and worksheets.        |
| Count and write                     | Count the objects orally                                         | Counting and writing the correct number  | Objects (and their counting) will be shown |
| Count and match                     | Count orally                                                     | Counting and matching the correct number | Worksheets                                 |

**TERM – II**

|                        |                                                                   |                                          |                                            |
|------------------------|-------------------------------------------------------------------|------------------------------------------|--------------------------------------------|
| Counting 61 to 100     | Oral 61 to 100 Recognition and understanding the order of numbers | Write 61 to 100                          | Write number 61 to 100 in the worksheet    |
| Shapes                 | Identification of shapes                                          | Draw and Colour shapes                   | Showing objects of different shapes        |
| What comes after       | Practice the after numbers 1 to 100                               | Worksheet                                | Flash Card activity and worksheets         |
| What comes between     | Practice the between numbers 1 to 100                             | Worksheet                                | Flash Card activity and worksheets         |
| Count in 2's           | Oral practice                                                     | Learn and write count in 2's             | Worksheets                                 |
| Circle the odd one out | Identify the odd one out                                          | Choosing the correct one                 | Worksheets                                 |
| Count and write        | Count the objects orally                                          | Counting and writing the correct number  | Objects (and their counting) will be shown |
| Count and match        | Count orally                                                      | Counting and matching the correct number | Worksheets                                 |

**JOYFUL LEARNING**  
**SYLLABUS & TEACHING PATTERN**

**Text: Saplings – Pre-School Learning Series**  
**New Joyful Learning -B**

**TERM – I**

| TOPIC                                                         | ORAL                                                                                                                                                 | ACTIVITY                                                                                                                                                                   |
|---------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Me and Myself My Body Parts                                   | Name different parts of body.                                                                                                                        | Picture Comprehension- Match the Body parts                                                                                                                                |
| My Sense Organs                                               | Name the Sense Organs.                                                                                                                               | Match the sense organs with the pictures.                                                                                                                                  |
| Small/big family                                              | Understanding the concept of small and big family.                                                                                                   | Paste the picture of your family.                                                                                                                                          |
| Finger family                                                 | Rhyme                                                                                                                                                | Draw a hand span with face for family.                                                                                                                                     |
| Inside Our School                                             | Different rooms                                                                                                                                      | Match the things of a particular rooms in your school.                                                                                                                     |
| Things in My School Bag                                       | Name the things in your School Bag.                                                                                                                  | Circle the things you take to School.                                                                                                                                      |
| Animals<br>Pet and Domestic Animals<br><br>Wild Animals       | Difference between domestic and Wild animals<br>Name the Pet and Domestic Animals<br>Where do the wild Animals live?<br>Name them, Sounds of animals | Name the different animals draw your favorite animal.<br>Match the things are get from animals.<br>Colour the king of the Jungle.<br>Match the things we get from animals. |
| Fruits and Vegetables                                         | Health benefits, Importance of Fruits and Vegetables<br>Recognition of Fruits.<br>Recognition of Vegetables.                                         | Match the fruits with their colours.<br>Draw and colour your favorite fruit.<br>Circle the vegetables.<br>Draw and colour your favorite vegetable.                         |
| <b>Term-II</b>                                                |                                                                                                                                                      |                                                                                                                                                                            |
| Festivals                                                     | Discuss and explain Festivals.<br>Learn the importance of Festivals.<br>Rhyme – Festivals.                                                           | Festivals will be shown via chart.<br>Draw and colour a Diya.<br>Draw/colour 5 little Easter eggs.<br>Colour the picture of the National Flag.                             |
| Good Manners<br>Good manners at school<br>Good Habits at Home | Learn about good manners.<br>Use in daily life.<br>Learn, Revise, Good habits at Home.                                                               | Chart will be shown.<br>Tick the good manners and cross the bad manners.<br>Join the dots and complete the expressions.                                                    |
| Transport<br>Land vehicles<br>Water and air vehicles          | Learn the names of land, water, air vehicles.<br>Rhyme – Traffic Lights.<br>Rhyme – Aeroplane                                                        | Paste a land vehicle of on an A-4 size sheet paper.<br>Worksheet given<br>Draw/colour an airplane.                                                                         |

**ART & CRAFT**  
**SYLLABUS & TEACHING PATTERN**

**Text: Saplings – Journey of Art (A Book of Art and Craft)**

**TERM - I**

| <b>TOPIC</b>                                | <b>Practical Work</b>                          | <b>Material Required</b>                          | <b>Skill Acquired</b>                              |
|---------------------------------------------|------------------------------------------------|---------------------------------------------------|----------------------------------------------------|
| Art work including simple drawings, shapes. | Draw and color the given shapes                | Art file, pencil and crayons, Colouring worksheet | Drawing, light and dark shades                     |
| Fruits                                      | Draw and color the given fruits                | Art file, pencil and crayons                      | Imagination, creativity and observation            |
| Sun                                         | Draw and color the given sun, tree, and hut    | Art file, pencil and crayons                      | Sing a song while colouring. Drawing and colouring |
| Flag                                        | Draw and color the flag                        | Art file, pencil and crayons                      | Dedication while using colors shading              |
| Hut                                         | Draw and color the given hut                   | Art file, pencil and crayons                      | Drawing and colouring                              |
| Tree                                        | Draw and color the given tree                  | Art file, pencil and crayons                      | Drawing and colouring                              |
| Vegetables                                  | Draw and color the given vegetables            | Art file, pencil and crayons                      | Imagination and creativity                         |
| <b>CRAFT: - Origami</b>                     | <b>Use of origami sheets</b>                   | <b>Origami sheets and scissors</b>                | <b>Imagination and Creativity of mind</b>          |
| <b>TERM – II</b>                            |                                                |                                                   |                                                    |
| Different flowers                           | Draw and color the different flowers           | Origami papers, scissors, pencil, eraser, scale.  | Creativity of mind                                 |
| Balloon                                     | Draw and color the balloon                     | Art file, pencil, eraser, colors                  | Drawing and colouring with imagination.            |
| Origami                                     | Use of origami sheets                          | Origami sheets and scissors                       | Imagination and Creativity of mind                 |
| Fruits                                      | Draw and color the given fruits and vegetables | Art book, pencil, eraser, sharpener, colors.      | Imagination, creativity and observation            |
| Vegetables                                  | Draw and color the given vegetables            | Art book, pencil, eraser, sharpener, colors.      | Imagination, creativity and observation            |
| Butterfly                                   | Draw and color butterfly                       | Art file, pencil, eraser, colors                  | Spray painting                                     |
| Art work including simple drawings, shapes. | Draw and color the given shapes                | Art book, colors, pencil, sharpener, eraser       | Drawing, light and dark Shades                     |
| <b>CRAFT: - Origami</b>                     | <b>Use of origami sheets</b>                   | <b>Origami sheets and scissors</b>                | <b>Imagination and Creativity of mind</b>          |

**RHYMES AND MUSIC**  
**SYLLABUS & TEACHING PATTERN**

**Text: Amity: -Come Sing with Me**

**TERM - I**

| <b>Topic</b>                 | <b>Sub Topic</b>                                  | <b>Activity</b>                                   |
|------------------------------|---------------------------------------------------|---------------------------------------------------|
| Prayer                       | Thank You, God,                                   | Sing With Guitar Chords                           |
| Warm-Up Action Songs         | When You Are Happy                                | Sing In Tempo Given                               |
| All About Me                 | This Is My Head, With My Hands                    | Sing with Beat                                    |
| My Family                    | This Is The Family, Drive Like Papa               | Identify The Song By Listening And Sing The Same. |
| Animal World                 | Old Mac Donald, Lakdi Ki Kathi                    | Sing with Beat                                    |
| Plants                       | The Peapod, The Cherry Tree                       | Sing With Guitar                                  |
| Nature                       | The Rain, This is the Sun                         | Sing With Actions                                 |
| <b>TERM – II</b>             |                                                   |                                                   |
| Counting                     | One, Two, Buckle My Shoe                          | Sing With Beat                                    |
| Means Of Transport           | My Little Motor Car, Wheels of the Bus            | Sing With Guitar                                  |
| People Who Help Us           | The Doctor, Cobbler Cobbler                       | Sing With Guitar                                  |
| Good Habits                  | Drinking Milk, Polite Words                       | Sing with Guitar                                  |
| Keeping Clean                | Wash Your Hands, This is the Way                  | Sing with Beat                                    |
| Shapes And Colours In Nature | Round Is A Circle, Rainbow- Violet -Indigo – Blue | Sing With Beat                                    |
| Play Time                    | Out In The Garden, My Balloon                     | Sing With Guitar                                  |

**PHYSICAL TRAINING (P.T.)**  
**SYLLABUS & TEACHING PATTERN**

| TERM – I                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | TERM – II                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>- Enjoy on Swings</li> <li>- Flat Races. 30m, 50m, 70m</li> <li>- General Exercises</li> <li>- Soft Ball Games</li> <li>- Throwing</li> <li>- Holding</li> <li>- Catch the Ball</li> <li>- Fun Games</li> <li>- Frog Jump</li> <li>- Simon Says</li> <li>- Stone Paper</li> <li>- Group Games</li> <li>- Number Game</li> <li>- Tippy Tippy Tap</li> <li>- Red Light Green Light</li> <li>- Gross Motor Skills and Cone Drills</li> </ul> | <ul style="list-style-type: none"> <li>- Enjoy on Swings</li> <li>- Flat Races with Obstacles. 30m, 50m, 70m.</li> <li>- Specific Exercises</li> <li>- Coordination Games</li> <li>- Balance the Ball</li> <li>- Run and Pick Up the Ball</li> <li>- Collect Different Colour Balls</li> <li>- Fun Games</li> <li>- Jump Over the Hurdles</li> <li>- Row your Boat</li> <li>- Hop Race</li> <li>- Group Games</li> <li>- Sack Race</li> <li>- Duck Duck Goose</li> <li>- Relay Race</li> <li>- Ball Game</li> <li>- Fine Motor Skills and Foot Work on Hurdles</li> </ul> |