

ENGLISH
SYLLABUS & TEACHING PATTERN

Text: SAPLINGS Pre - School

Alphabet Series

- 1. My Phonics World**
- 2. Right Way to Write Cursive LOWER CASE**
- 3. Right Way to Write Cursive UPPER CASE**
- 4. Right Way to write Cursive Words**

TERM – I

Topic	Reading Skills	Listening Skills	Speaking Skills	Writing Skills	Activity
a-z Cursive Writing Lowercase	Pronunciation of alphabets with correct phonic sound.	Students will listen to the teacher and pronounce the alphabets correctly.	Emphasis on correct pronunciation with the help of ABC song.	Write a-z, emphasis on correct formation of the alphabets.	Colouring of ABC worksheet. ABC song
Missing letters and match the letters Vowels: (a, e, i, o, u) and Consonants Fill ups: using vowels	Understanding and reading the letters. Vowels and consonants read and understand with examples given	Students will listen and understand vowels and consonants	Recognition of letters Students will identify the vowels and consonants and give examples.	Help the students to circle the correct vowels and consonants.	Worksheets and activities in the book.
Two letter words (at, on ,ox, in ,up etc) Three letter words (bat, cap, cup, fox, jug, pig, etc.) a, e, i, o, u words Rhyming words and make new words.	Reading the words and story with the help of the teacher.	Students will listen and repeat the words correctly. Picture Comprehension.	Read the lines and comprehend them. Group activity on Word building.	Two letter words Three letter words Rhyming words to be written.	Comprehension (one word answer) worksheets.
Use of a/an Is, am, are	Teacher will introduce the concept with demonstrative activity.	Students will listen and have clarity of the concept.	Students will respond to the teacher and make sentences.	Written exercises, Worksheet related to articles and is, am and are.	Worksheets and exercises in the book.
A to Z Cursive Upper case One and Many Opposite words	Teacher will introduce the concept with demonstrative activity. Teacher will introduce and explain One and Many. Learn and write Opposite words.	Students will listen and have clarity of the phonic sounds Students will listen to the teacher carefully. Group Activity in class Plenty of oral work will be done.	Emphasis on correct pronunciation with the help of ABC song. Students will learn One and Many and Opposites and respond to the teacher.	Write the A to Z, touching the four lines correctly. Worksheets and exercises will be done in the book and notebook.	Colouring of alphabets and matching cursive uppercase to lower case. Worksheets on One and Many and Opposites. Activity in the book.

TERM – II

Topic	Reading Skills	Listening Skills	Speaking Skills	Writing Skills	Activity
Cries of Animals	Animals- pet, farm and Wild animals will be discussed.	Students will listen to the teacher and understand the different cries of animals.	Students will be able to tell the different cries of animals.	Worksheets and exercises in the book and notebook.	Students will imitate the cries of animals and draw and colour their favourite animal.
Homes of Animals Babies of Animals	Kindness to animals will be explained. Homes and babies of animals will be discussed. Students will read and understand.	Students will understand the importance of fresh food and shelter for the animals.	Students will be able to recognize animals, babies, homes and answer the questions asked.	Worksheets and exercises in the notebook.	Students will be able to take care of their pets and colour worksheets.
Gender (Masculine and Feminine)	Gender will be introduced and explained.	Students will have the clarity of gender.	Students will be able to differentiate between masculine and feminine and answer questions.	Worksheets and exercises in the book and notebook.	Worksheets.
Sentences, Comprehension, Q/Answers	Read aloud by recognizing the words.	Listen to the story, understand and answer the questions	Emphasis on correct pronunciation of words, correct answers.	Sentence writing worksheets. Comprehension in the book and notebook.	How to make a proper sentence and write correctly. Oral work.
Write 5 sentences on Myself My Mother My School	Teacher will explain to the students how to introduce themselves, mother and school.	Students will actively listen to the teacher.	Describing Myself, My Mother and My School.	Worksheet will be given.	Fill in the blanks worksheets.
This / That, These / Those	Teacher will introduce the concept with demonstrative activity.	Class room Activity	Students will respond to the teacher.	Picture Worksheet will be given to the students.	Class group activity

HINDI
SYLLABUS & TEACHING PATTERN

Text: Saplings- शब्द वंदना
शब्द लेखन विधि

TERM – I

विषय	पठन कौशल	श्रवण कौशल	मौखिक कौशल	लिखित कौशल
स्वर और व्यंजन	छात्रों द्वारा स्वर तथा व्यंजन के उच्चारण की दोहराई	छात्र अध्यापक द्वारा उच्चारण को ध्यान पूर्वक सुनेंगे	छात्र स्वर तथा व्यंजन याद करके सुनाएंगे	छात्र स्वर व व्यंजन की लिखित दोहराई करेंगे
दो अक्षर वाले शब्द	छात्रों द्वारा अक्षरों को जोड़ कर शब्द का उच्चारण	सुनकर अक्षर पूरा करो	दो अक्षर वाले शब्दों का छात्रों द्वारा उच्चारण	छात्रों को अक्षरों के सही रूप में लिखने की दोहराई
वर्णों को जोड़कर लिखो	छात्र एक एक वर्ग को जोड़कर शब्दों का उच्चारण सीखेंगे	छात्र सुनकर शब्द पूरा करेंगे	छात्रों से कुछ नए शब्द पूछे जाएंगे	वर्णों को जोड़कर लिखने का प्रयास करना
पहले और बाद का शब्द लिखो	अक्षरों के उच्चारण द्वारा	ध्यान पूर्वक सुनकर उत्तर देंगे	शुद्ध उच्चारण के साथ बोलना	सोचकर पहले या बाद के अक्षर को लिखना
खाली स्थान भरो	खाली स्थान का उच्चारण	छात्र खाली स्थान भरो के वाक्य को ध्यान पूर्वक सुनेंगे	छोटेछोटे वाक्य पढ़ना-	लिखना और सही रूप समझना तथा खाली स्थान भरना
चित्र पहचानकर लिखो	पहचान कर शब्द का उच्चारण	चित्र देखकर अंतर समझेंगे	चित्र देखकर अंतर को समझना तथा व्यक्त करना	चित्र बनाना व रंग भरना
सही शब्द पर गोला लगाओ	शब्द पहचान कर उच्चारण करेंगे	शब्द देखकर अंतर को समझना	शब्द देखकर अंतर को समझना	सही शब्द पर गोला लगाओ
वाक्य बनाओ वाक्य में रिक्त स्थान भरो	छात्रों द्वारा वाक्य के उच्चारण की दोहराई	छात्र अध्यापक द्वारा उच्चारण को ध्यान पूर्वक सुनेंगे	छात्र वाक्य याद करके सुनाएंगे	छात्र चित्र सहित वाक्य बनाएंगे

TERM - II

विषय	पठन कौशल	श्रवण कौशल	मौखिक कौशल	लिखित कौशल
तीन वर्णों वाले शब्द	छात्र द्वारा वर्णों को जोड़कर शब्द का उच्चारण	सुनकर अक्षर पूरा करेंगे	तीन वर्णों वाले शब्दों का छात्रों द्वारा उच्चारण	छात्रों को अक्षरों के सही रूप में लिखने की दोहराई
वर्णों को जोड़कर लिखो	छात्र एक एक वर्णों को जोड़कर शब्दों का उच्चारण सीखेंगे	छात्र सुनकर शब्द पूरा करेंगे	छात्रों से कुछ नए शब्द पूछे जाएंगे	वर्णों को जोड़कर लिखने का प्रयास करना
चार वर्णों वाले शब्द	छात्र द्वारा वर्णों को जोड़कर शब्द का उच्चारण	सुनकर अक्षर पूरा करेंगे	चार वर्णों वाले शब्द का छात्रों द्वारा उच्चारण	छात्रों को अक्षरों की सही रूप में लिखने की दोहराई
वर्णों को सही क्रम में लिखें	छात्र एक एक वर्ण को जोड़कर शब्द का उच्चारण सीखेंगे	सुनकर अक्षर पूरा करेंगे	छात्रों से कुछ नए शब्द पूछे जाएंगे	वर्णों को जोड़कर लिखने का प्रयास करना
चित्र पहचान कर लिखें	चित्र पहचान कर शब्द का उच्चारण	चित्र देखकर अंतर समझेंगे	चित्र देखकर अंतर को समझना तथा व्यक्त करना	चित्र बनाना व रंग भरना
खाली स्थान भरो	खाली स्थान का उच्चारण	छात्र खाली स्थान भर के वाक्यों को ध्यान पूर्वक सुनेंगे	छोटे छोटे-वाक्य बनाना	लिखना और सही रूप समझना तथा खाली स्थान भरना
गद्दांश	छात्रों द्वारा कहानी की दोहराई	छात्र अध्यापक द्वारा कहानी को ध्यान पूर्वक सुनेंगे	छात्र याद करके कहानी सुनाएंगे	छात्र लिखित दोहराई करेंगे
प्रश्न उत्तर / समान तुक वाले शब्द	छात्रों द्वारा समान तुक वाले शब्दों का उच्चारण की दोहराई	छात्र अध्यापक को ध्यान पूर्वक सुनेंगे	छात्र याद करके सुनाएंगे	छात्र लिखित दोहराई करेंगे
हिंदी मात्राएँ				

NUMBERS (MATHS)
SYLLABUS & TEACHING PATTERN

Texts: Saplings- Pre-School Number Series
Learn Numbers Introductory (with activities)

TERM-I

Topic	Oral	Written	Activity
Counting 1 to 100	Oral 1 to 100 Recognizing numbers, understanding the order of the numbers	Write 1 to 100 say and write	Fill the number 1 to 100 in the worksheets.
Backward Counting 50 to 1	Understand, count and write and say the numbers 50 – 1	Write backwards 50 to 1	Practice sheets 50 to 1
Counting 101 to 200	Fluency in numbers enhancing counting skills 101 to 200	Write the numbers 101 to 200	Read the number in the chart 101 to 200 and colour each line in different colours.
Number Names (1 to 20)	Listen to the number song and sing along number names 1-20	In the notebook write the numbers with picture and the number names 1- 20	On an A-4 size sheets of paper draw 10 balloons and write the number names 1-10
Number Names in 10's (10,20,30,40,50,60,70,80,90,100)	Oral counting	Learn and write in the notebook	Complete the skip counting worksheets
Counting in 2's Table of 2	Practice orally	Write count in 2's Table of 2.	Draw a tree with flowers and fill in the answers of table of 2
After Before Between (1 to 50)	Practice the number before between after 1 to 50	Worksheet	Worksheets will be given
Draw more and Colour Skip Counting in 2's	Count and write the numbers	Exercise in the notebook	Worksheets draw and colour
Shapes- Recognition	Recognition of shapes	Draw and colour shapes in the notebook and name them	Shape activities
Counting in 5's and Table of 5	Plenty of oral work	Learn and write in 5's and Table of 5	Worksheets

TERM – II

Topic	Oral	Written	Activity
Backward Counting 100 -1	Backward counting 100 -1	Write in the notebook	Worksheets
Counting 1 to 200	Oral counting	Write work 1 to 200	Fill in the missing numerals 1 to 200
Table of 10	Learn well	Write the table of 10	Worksheets
Skip Counting in 2's, 5's, 10's	Oral practice in 2's , 5's and 10's	Write and learn	Worksheets and exercises in the book and notebook.
Number Names 1 to 100	Oral practice correct pronunciation of the number	Write 1 to 100	Worksheets and exercises in the book and notebook.
Addition (1 digit)	Count and add objects add-count fingers and objects	Add and write the correct answer (1 digit)	Addition worksheet
Subtraction (1 digit)	Take away explain with fingers and objects	Subtract take away (sums) 1 digit	Worksheets
Comparison of Numbers	Plenty of examples	Written exercises in the notebook	Worksheets and exercises in the book and notebook.
Days of the Week	Repeat, spell, learn, correct pronunciation	Learn and write	Class group activity, worksheets given.
Months of the Year	Learn the months of the year correct pronunciation	Learn and write	Class group activity, worksheets given.

JOYFUL LEARNING
SYLLABUS & TEACHING PATTERN

Text: Saplings Pre-School Learning Series:
(New Joyful Learning C)

TERM – I

TOPIC	ORAL	ACTIVITY
Theme – 1 Me and My World Body Parts Sense Organs Types of family My School Come on Answer Me	Name different Parts of my Body Five Sense organs and their functions. Learn the poem ‘My Family’ Come on Answer Me learn questions answers	Speak a few lines on My Family Draw and colour a house and name the different rooms. Tick the correct picture according to the body parts Tick the things that smell nice Select the picture and write the correct name from the given box.
Theme – 2 Plant Kingdom Types of Plants Parts of a plant Flowers and uses of flowers	Name different types of plants. (Trees, Shrubs, Climbers, and Herbs) Name various parts of a plant and its importance. Uses of flowers Name the things made with flowers.	Paste the pictures of flowers and fruits that we get from plants Draw and colour various parts of plants. Discussion on “Do not pluck flowers”
Theme – 3 Animal Kingdom Domestic, Wild, Water Animals Types of Animals and their homes. Animals and their young ones Insects and Birds	Animals and their Young Ones, Homes of Animals, Wild Animals, Water Animals, Sea Animals Different types of birds and their sounds, Name a few Insects,	Animals and their products worksheet, Animals home flashcard shown to students Discussion on Wild Animals in the Forests Crossword Activity, Worksheet on insects and birds

TERM – II

TOPIC	ORAL	ACTIVITY
Theme – 4 Around Me Helpers Means of transport	Importance of helpers and their uses Name and learn the different types of transport Learn the rhyme My Neighborhood Places Learn the rhyme 'My Teacher	Look at the picture of helpers and fill in the blanks Circle the things used by the given helpers Roleplay on Helpers as a Classroom Activity
Theme -5 Our Environment Seasons	Name various parts of a plant and its importance. Name the different types of seasons. The clothes we wear during different seasons. Learn the rhyme 'Earth Day'	Speak a few lines on How we can help the Earth. Speak a few lines on My Favourite Season Worksheet on good things and bad things for the environment
Theme -6 Safety All Around Us Good touch and Bads Touch Road Safety Safety at school, park, and home	Difference between Good and Bad touch Name safe and unsafe habits' Learn parents' names, home address, and phone Numbers	Discuss the Ways to prevent pollution Think Safe Be Safe worksheet. Discuss Road safety Cross the things that are not safe for children to use.

ART & CRAFT **SYLLABUS & TEACHING PATTERN**

Text: Saplings - Journey of Art
A Book of Art and Craft - C

TERM – I

TOPIC	Practical Work	Material Required	Skill Acquired	Activity
Shapes	Draw and colour	Art file, pencil, Crayons	Observation, motor skills	Origami sheets. Cut and paste shapes
Balloon	Draw and colour	Art file, pencil, Crayons	Imagination , creativity	Origami sheet paper folding Joker Face
Boat	Draw and colour	Art file, pencil, Crayons	Drawing Motor Skills	Origami sheet paper folding boat
Flower	Draw and colour	Art file, pencil, Crayons	Drawing and colouring	Origami sheet paper folding Tulip
Umbrella	Draw and colour	Art file, pencil, Crayons	Creativity , drawing ,imagination	Small juice bottle painting flowers
Fruits	Draw and colour	Art file, pencil, Crayons	Imagination , creativity , drawing and colouring	Paper tearing Apple activity
Vegetables	Draw and colour	Art file, pencil, Crayons	Motor skills , drawing and colouring	Lady finger painting
Birthday Cake	Draw and colour	Art file, pencil, Crayons	Creativity , imagination , drawing and colouring skills	Birthday Card Activity
CRAFT: Origami	Use of origami sheets	Origami sheets	Imagination and Creativity of mind	-----
TERM - II				
Kite	Draw and colour	Art file, pencil, Crayons	Creativity, imagination	Origami sheets. Paper folding Kites.
Fish	Draw and colour	Art file, pencil, Crayons	Drawing and colouring skills	Origami sheet paper folding fish.
Tree	Draw and colour	Art file, pencil, Crayons	Imagination , creativity	Finger painting Tree.
Happy Sun	Draw and colour	Art file, pencil, Crayons	Creativity , drawing and colouring	Origami sheet Yellow and Orange Sun.
Hut	Draw and colour	Art file, pencil, Crayons	Drawing and colouring	Origami Sheet Ice Cream spoon.
Tortoise	Draw and colour	Art file, pencil, Crayons	Creativity Motor Skills	Potato Painting
Duck	Draw and colour	Art file, pencil, Crayons	Drawing and colouring	Tissue rolls printing
Diya and Candle	Draw and colour	Art file, pencil, Crayons	Drawing and colouring	Origami Sheet Diya. Cut and paste Diya.
Butterfly	Draw and colour	Art file, pencil, Crayons	Drawing and colouring	Spray painting butterfly
Snowman	Draw and colour	Art file, pencil, Crayons	Drawing and colouring	Use cotton to make a snowman
Santa Claus	Draw and colour	Art file, pencil, Crayons	Creativity , drawing and colouring	Mask Making Santa
Xmas Tree	Draw and colour	Art file, pencil, Crayons	Drawing and colouring	Decorate a Christmas tree.

MUSIC
SYLLABUS & TEACHING PATTERN

Text: Amity: - Come Sing with Me-
A collection of Rhymes for K.G.

TERM – I

TOPIC	Practical	Activity
School Prayer	Pray For The School	Join Hands And Close Eyes.
School Anthem	Pray For The Unity Of Students	Stand In Attention Position.
Prayer	Thank God For Rest And Food And Care (Page-5), Pray For Your Family Everyday	Join Hands And Close Eyes.
Hands And Shoulders	Warm Up Actions (Page-6)	Exercise Of Upper Body.
Tap Your Head.	Actions (Page-7)	Doing Actions.
That's Me!	Counting (Page- 8)	Names Of Body Parts.
My Body Parts.	How They Help (Page-8)	Nose Helps Us To Smell.
This Is A Family.	Family Members (Page-9)	With Relationship
All By Myself	The Things I Can Do On My Own (Page-10)	Actions
Ready For School	Eat Something Before Coming To School (Page-11)	Actions How To Wash Face, Brush Teeth...
Five Little Ducks	Learn To Obey Your Mother (Page-12-13)	Actions/Sound How Duck Speak.
1,2,3,4,5 Once I Caught A Fish Alive	Counting About Fish (Page-14)	Actions
Little Busy Bees	Counting About Bees (Page -14)	Sing Along With Actions.

TERM – II

Monday Alone	Learn Days Of The Week (Page-15)	Learn With Actions
The Farmer's In The Dell	Learn About Animals And What They Give (Page-15)	Learn About Names Of The Animals.
The Elephant.	All About Elephants (Page-19)	Action How He Walks
Green- Green Trees	How Trees Clean The Air For Us (Page-25)	How We Can Take Care Of The Trees
The Sun And The Moon	The Sun Shines On Us So We Can Grow (Page-28)	How Sun Helps Plants And Animals To Grow
A Rainbow	Learn Seven Colours (Page-29)	Teach Names of Seven Colours And How The Rainbow Is Formed?
The Little Plant	Explanation And Recitation (Page-26)	Recite With Actions And Expressions
Down At The Station Down At The Airport My Bicycle	Transport Discussion With Rhymes (Page- 30, 32,33)	Recite The Rhymes With Actions And Expressions.
Our Helpers	People Who Help Us (Page-34)	Learn And Recite Well.

PHYSICAL TRAINING (P.T.)
SYLLABUS & TEACHING PATTERN

TERM – 1	TERM – II
1. Enjoy on Swings 2. General Exercises and Stretching Exercises 3. Fun games: - Catching and Throwing the Ball - Mental Ability Games - Motor Skills Development 4. Ball Games: - Ball Balancing - Ball Throwing 5. Group Games - Number Game - Tippy Tippy Tap 6. Red Light Green Light	1. Enjoy on Swings 2. Specific Exercises and Flexibility Exercises 3. Fun games: - Co-ordination Activities for Eyes, Hands - Agility Games - Fine Skills Development 4. Ball Games: - Passing a Ball to Teammate - Catch the Ball and Pass 5. Group Games - Relay Race - Hoop Race - Hurdle Race - Make a Chain